The Thoughts of P.R. Sarkar

The main characteristic of Tantra (spiritual expansion) is that it represents brave vigor. It represents a pactless fight. Where there is no fight there is no sadhana. It is an impossibility to conquer a crude idea and to replace it with a subtle idea without a fight. It is not at all possible without spiritual practice. Hence, Tantra is not only a fight, it is an all-round fight. It is not only an external or internal fight, it is simultaneously both. ("Tantra and It’s Effect on Society")

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Sectorial News:
(The news here published are taken from the “Good News” session of the July 2004 RDS)

Sectorial Retreat in Ananda Kanan
A very successful retreat, PROUT global convention, and UTC were held from June 24th to July 4th at Ananda Kanan. Over 280 people attended the event having participation from Hong Kong sector, Manila Sector, Suva Sector, and from other countries in this sector. The highlights of the retreat were the children's presentations, the akhanda kirtans, classes and workshops, and cultural programs. Everything was done in a harmonious and blissful atmosphere with the participation of all. The Dadas and Didis at the end of the retreat separately conducted a successful, challenging, and adventurous WRC camp.

Dada Ramananda is touring the sector, attending seminars, RDS and other programs; he, through his experiences with Baba, is revealing many of the mysterious and divine stories that happened with Him, efforts are being done to compile those stories in the book form and wherever Dadaji goes, those stories are very much inspiring to workers and Margis. Dada is also the inspecting authority in the sector representing Central office and will be here till August.

Dada Shudhatmananda visited Mexico and conducted one day seminar in Morelia with an attendance of fifteen.

Dada Tejendra participated in a vegetarian buffet fundraiser organized by the Margis in San Fernando Valley. The program was very successful and Kaoshiki & Tandava were performed in front of all.

Didi Prema got the funding to buy the first part of a new land in Managua and $30,000 to start construction. She has started a CD production studio in Managua and a new CD on neo-humanist material in Spanish has been released. Didi gave a very popular presentation on Nicaraguan TV for forty-five minutes with the local Margis. Baba’s photo, Baba Nam Kevalam and Ananda Marga Publications were introduced during the interview. Didi also hosted a diocese level seminar with fifteen participants.

LFT Nirmal traveled with Dada Krsnananda to learn about commercial projects. He is working on the renovation of the sectoral office in New York and coordinating activities with the LFTs. The cakra garden around the building in New York has given a new look and positive vibration to the Jagri and the surroundings.

Didi Ananda Ragamaya is holding eight yoga/meditation classes a week and a regular monthly seminar. The RAWA group in Jamaica has organized
a fund raising program and a vegetarian take-away collected $300 for the activities of the school. Didi is visiting regularly a woman’s center for elderly people and is also participating in a recycling program. Didi released a new CD and the song with the video “Children” had a great impact in the media. All TV channels in Jamaica, that is, three channels and the BBC, and three radio stations broadcasted the release. Many newspapers covered the news and a very popular South African magazine “Renaissance” devoted several pages to the release. Didi also participated in an HIV program and gave a presentation to an audience of 1000 youngsters for fund raising. She is in touch with many organizations.

**Dada Krpananda** has finished three quarters of the construction in Guatemala and presently has collected 2,300 quetzals. Dada performed a revolutionary marriage and two baby ceremonies.

**Didi Ananda Nirupana** organized a seminar in Guatemala and one sister who is very influential in the alternative medicines got initiated after three years of waiting. Didi held another two seminars in Mexico for sisters in Morelia with the participation of six and in Guadalajara with the participation of ten. She had forty-two initiations and six sisters will be attending the LFT training in Monterrey. Didi is organizing GV camp from the twelfth to the fifteenth of September in the master unit Ananda Maya Duhita in Allende, Monterrey just before the Sectorial Retreat, which will take place from the sixteenth to the nineteenth of September.

**Dada Vishnupremananda** completed one room in the school in Nicaragua and in the retreat in Guatemala, one of the girls attending the school got initiated and now the parents and the girl’s sister are also interested in learning meditation. The school is running well and a successful graduation program was recently held.

**Dada Krsananda** reported that brother Jyotish has published a new cheap literature SDM booklet; the publication is an introduction to Ananda Marga to the public and has received many positive reviews.

**Didi Karunamaya** participated in the five-day yoga intensive training organized by Dada Vishvarupananda and brother Vivek. This event inspired brother Jayanta to go for LFT training. Didi also visited Philadelphia. She had a DC in central park, Manhattan that was very inspiring due, amongst other things, to the natural and beautiful surroundings. Didi had two initiations.

**Dada Vimaleshananda** has been taking care the activities in the sectorial office in New York and coordinating the LFTs in the sector. Dada worked for the AMURT/EL registration in Mexico, which is now completed.

**Dada Parinirvanananda** is raising funds to replace the roof in the master unit in Canada. From $2,000 to $2,500 are needed to do the work and one sympathizer had come for any necessary help. Dada organized a retreat in Ontario, which was very successful. The AMURT/EL registration in Canada has been completed.

**Didi Ananda Kamalika** had a retreat for new people with the participation of twenty-five and in Bend, Oregon had a vegetarian dinner for fund raising and collected $600.

**Dada Ragatmananda** was invited to participate in a festival in Idaho and gave a concert and did pracar. In Portland, Dada attended the medical camp conducted by Dr. Kamalakalian, which is regularly done every two weeks.

**Dada Mohanksnananda** spent most of his time in Ananda Kanan making arrangements for the Sectorial retreat. He also got his driving license.

**Dada Shubhacetananda** is continuing his yoga classes in the college in Dallas and in his absence; brothers Gopinat and Vishvatma are conducting them. They have formed a yoga club, which is recognized by the college and have applied for funds. All officers of the board of directors are initiated in Ananda Marga practices and Dada has been elected president. Dada expressed his thanks towards the editor of the campus newspaper, for publishing several articles and photos on the yoga and meditation activities around campus; she told him to give it in writing to be published in the newspaper.

**Dada Rudraprakashananda** hosted the five-day yoga intensive in Ananda Vrati with the participation of twenty people and after that, a regional retreat.

**Dada Gopalkrsnananda** is working in Philadelphia region and also participated in the regional retreat and yoga intensive in Ananda Vrati. He is working with Lokeshvari to establish the website for the region. Brother Mahesh is giving yoga classes in the yoga center. Pracar is going well.
Dada Harivratananda newly posted in the sector as HPMG just came from Europe where he was in the organizing committee for the bus tour through the places that Baba visited in His tour in 1979. The tour is reported to be very successful. Dada also sent four LFT brothers from Spain to LFT training. The DMS in Switzerland was very successful and was commemorating the twenty-fifth jubilee of Baba’s visit to Fiesch. There were ninety Acaryas and the flow was spiritually very intensive; during the blissful Kiirtans many people went into samadhi.

Didi Ananda Usa’s renovations in the Jagrīti and legal work are ongoing in Ashville. Five new sisters in Atlanta are doing regular meditation and brother Purushotama has put up a video for prarac in the area. In Florida, there are four new places for the Didis to stay and in South Miami, sister Magi who is influential in the organization of the political refugees from Cuba has donated a room in her house for the Didis to stay when they visit. Sister Magi has arranged many donations for the Haiti activities. Didi gave four lectures, six yoga classes, and had five meetings in the area. In Haiti the Didi’s school is booming due to the intense effort and leadership of Didi Ananda Jiivaprema, in the curriculum, Prabhata Samgita, asanas, as well as other Ananda Marga techniques are taught. The clinic is taking regular care of people related to the school and Didi gives daily homeopathic remedies for fever, malaria, skin disease, diarrhea, etc. Didi is thinking to get some nearby land to expand the demand for the school. Didi is also coordinating the woman’s sewing cooperative, which is growing strong. During Didi Ananda Usa’s recent visit to Haiti they contacted many embassies, different armies and peacekeeping forces to help get help for the school and the response were very positive. Due to the efforts of Dada Karmavratana’s school brother Citragupta has been inspired and donated the a land which is four times bigger than the present school. May trees and plants have been planted in an effort to revitalize the ecological balance in the area. Eighteen leaders from different groups came to a lecture for the purpose and this has opened new doors for our activities. LFT sister Sampurna is working on the solar ovens and seventy-five ovens are ready to be distributed among the parents of the school children. A workshop is being organized for it. Cakes, rice, and beans, are deliciously cooked in the ovens. In the relief work activities, lack of food for children has been noted; Didi has a list of medicines, which are immediately needed. An appeal is sent for people who can help get the medicines and anyone is welcome to contact Didi at anandausa@hotmail.com

Dada Rakesh at the university of Massachusetts is teaching martial arts at the club in the university. He participated in the five-day yoga intensive and retreat and regional retreat in Ananda Vratii. He was also at Ananda Kanan for the whole month of June helping to prepare for the retreat.

Dada Mantrashudananda helped to prepare for the retreat at Ananda Kanan, mainly working on the dome.

Dada Tapeshananda reported from the PROUT department that two LFTs are going for training.

Dada Nityasundarananda collected and distributed food for homeless in the Denver area. Dada also contacted a Chinese health food store to donate food for Nicaragua and Haiti. The store will keep a stall in the supermarket for AMURT.

Didi Anumaya DSL Portland reported that the school would have fifty kids for next fall. The construction with clay and mud of a place for the kids to learn and play has been completed. Didi also reported that the visit of SS Dada to the school was highly appreciated. He gave a class to the teachers and there was a special Dharma Cakra, which was attended by many Margis. Didi had a sister’s retreat and has started a neo-humanist diploma program for teachers. Medical camp is going on every second week and yoga classes will start soon on a donation basis. Didi has started a garden to cultivate her own food.

Dada Subhamayananda has reported five new volunteers are at the Ananda Dham master unit. There has been a bean crop worth $2,000 and there is much eggplant, okra, melon, and peaches for the next season. Dada is inviting all those who like to eat fresh organic fruits and vegetables and live in the atmosphere of the master unit for the month of September, when the harvest will take place. The master unit has also acquired and put into function a store container donated by the AMURT board.

Dada Shantatmananda produced many natural medicines and had a sale of $500 during the summer retreat. He has new children books on rhymes and rhythms

Didi Ananda Hitäsana reported a new Kiirtan cd produced and sung by sister Angeli of Houston as a part of fund raising for her project.
Dada Iishvarakrsnananda, Dada IK, said that a new dome has been completed at Ananda Kanan which hosted the registration and RWA exhibition during the retreat, also renovation of the houses and new utilities like refrigerators, freezers, carpets, painting new rooms, etc. have been added to the Ananda Kanan sectorial master unit.

Dada Dharmapremananda said that the ETC (ERAWS training camp) before the summer retreat was very successful and had an attendance of twenty-nine people. Dada is also working in Topeka and is planning to come with a new unit around Kansas.

Didi Ananda Laliita and Didi Sveta are working around the clock in Ananda Dhiiira. They hosted two women’s retreats and one person who is the chairperson for an NGO for service projects was very inspired. Didis also had a retreat on Memorial Day weekend attended by fourteen margis in which they expressed that it was the best retreat attended in many years. Through sister Shantimay who studies at an Ayurveda college, Didi Ananda Laliita was invited to give a lecture at the college to a gathering of one hundred teachers and students. Didi sang Samgachadvam to all and explained the meaning. In return, the director of the college visited Ananda Dhiiira and wishes to give ayurvedic training there. Brother Caitania who is a volunteer for peace helped in finishing painting the exterior of the meditation hall and Didi says that now that the interior and the exterior are finished, it looks like a palace. A new water pump is being installed, which will improve the water quality. Didi Sveta has planted many fruit trees and the master unit is already getting some fruits.

Dada Gunakarananda, DPS renovated the cottage in Los Altos Hills and now is ready for renting out. $1,800 was fund raised for Haiti. The jail program is going on well with the help of Dada Krsnabhuddhyananda. A concert of a famous sarod player Subrata Mukarji and tabla player is going to take place in Los Altos Hills Jagriti

Dada Phalashuddhananda reported the completion of the book, I Am Yours, that collects many inspirational and devotional stories from Margis around the NY sector. Brother Alok, sister Pushpahrdaya and other margis, worked very hard in the process. Two books in Spanish were also printed in this period and Dada reported that a new flow of ideas for commercial publications has started with the support of Dada Citkrisnananda, GFS, who has also started the ANDS (Ananda Nagar Development Society) bags, silver and torch light factories. In Guadalajara, Dada gave a radio interview and participated in an HIV counseling program, which was very much appreciated. In Monterrey a new building in the center of the city has been acquired to be center for Ananda Marga publications in Spanish, Public Relations office and Baba’s medicines. Brother Gaganji has donated the building.

Didi Ananda Anurada has produced new materials in Spanish about neo-humanist education. Didi is in contact with Gioconda Varante who is responsible for training police departments on violence against women in Central America and due to her, the legislation changed in many parts. She is very inspired to work together with Didi. Didi also got new land inside the city of 1.2 acres, which was a very popular center for healing. Didi also held a philosophy course, were fifteen people attended. Through her natural medicine company, a convention is being organized in which the medical college, the national health organization and the University of Costa Rica will be the sponsors. Doctors from Spain, Mexico, Argentina, etc. will participate in the event.

Dada Ranjitananda went to India and attended Rachi RDS and the Central Executive meeting. He said that during the world RDS it was good to know that many activities are going on around the world. He gave a lecture in a library in New York attended by twenty people and in a park. He got a donation of $2,500 for Haiti from Italy. Brother Ananta is going for LFT training having been inspired by sister Krpadevi and LFT Gokul.

Dada Tiirtananda, SS Dada, gave the good news that the BBC has reported that it appears that dogs can be trained to do meditation. It was presented along with photos and perhaps we never thought it was going to be so fast after Baba told us that training centers should be started for animals. Dada also says that in Bali, Indonesia, the Ananda Marga school is very popular. With 155 children it has a profit of US$2,000 each month and even the children of the director of an international school, are studying there. People do not want to bring their children elsewhere. The school has acquired a half million-dollar loan at the low interest of 2% to expand to secondary school. 200 such schools are planned to start all over Indonesia. In India 1.5 lak rupees have been sold from ANDS torch light. In Romania a legal case has been won against the secret service, which had in mind to hamper the education given by Ananda Marga to the children in that country.
Baba Story: Baba gave everything after knowing past present and future

Baba was in Patna jail in India. Many devotees always used to meet with Baba and Baba always used to bless and give them some sweets. One day some devotees were there and Baba was talking with them. He said that the cells of the jail were very old, about 150 years old. The engineers in the construction may not have been so wise as they didn’t plan any passage for the water to go out of the cells. Due to this reason the jailers and other people were able to abuse them every day.

Than Baba said that He gave philosophy, ideology and everything in Ananda Marga after knowing past, present and future in such a way that people along the ages will be benefited by this ideology.

When he was finally out of the jail and he still in Patna, one day he was giving Darshan. Of course it was a very difficult subject and at the end he said that it is difficult to understand today but in the future after 3 or 400 years people will understand nicely. So seeing the past, present and future, Baba gave this ideology that we found in Ananda Marga.

Calendar of Events

**Sectorial Retreat in Monterrey, Mexico. September 16, 17, 18, 19. 2004**

After the last year’s blissful retreat in the MU Ananda Maya Duhita in Allende, Nuevo Leon (45 minutes from Monterrey), an inspiration has awaken of having a yearly Sectorial Conference in this beautiful orange orchard.

Monterrey is only less than 3 hours by car or bus from the border of Laredo, two hours south of San Antonio, TX. And also have International Airport.

Come and discover a reach and friendly culture in Mexico and enjoy the spiritual company of many Margi brothers and sisters from all over Republica Mexicana.

For information please contact Dada Phalashuddhananda (417) 469 1148, dadaphala@aol.com or the Monterrey Jagrity (52) 81 8375 3351

**Ananda Marga’s Golden Jubilee Celebrations 2005**

50 Years of the creation of Ananda Marga Pracaraka Samgha in this planet.

The Golden celebrations of the advent of the Ideology given by Mahasambhuti Shrii Shrii Anandamurti, will be celebrated thorough the sector with grandeur, devotion and His grace.

We will take this opportunity to bring Ananda Marga to the public by different programs in each unit and collective programs for the sector combined.

### Fasting Days

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Ekadashii, the 11th day after the new (Amavasya) and full (Purnima) moons is the fasting days for Ananda Margis. This schedule is based on the calendar of India and some of the dates for the full and new moons may differ from those in your local calendar.
BOOK REVIEW: By Dada Jyotirupananda
I Am Yours. Memories of a beloved teacher: stories from devotees of Shrii Shrii Anandamurti
This book is a most valuable addition to the record of the unparallel life of Baba, Shrii Shrii Anandamurtiji. Though He wrote and spoke virtually nothing about Himself, He had a vast, perhaps incomprehensible, effect on many people. And this will continue into the far future. But this book shows that He may be comprehensible in the spiritual heart, to those who were and will be so touched by Him. It attempts — successfully I think — to help us look a bit behind the curtain of the most mysterious and most loving, compassionate and spiritually brilliant person we will ever know.

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WHAT IS ANANDA MARGA?
Ananda Marga is a social and spiritual movement founded in 1955 by Shrii Shrii Anandamurti (P.R. Sarkar). The mission of Ananda Marga is to help individuals achieve complete self-realization and to build a structure in which the physical, mental and spiritual needs of all people can be fulfilled. Ananda Marga contributes to the process of individual development by providing instruction in meditation and other yoga practices on a noncommercial basis. Ananda Marga works for the creation of a better society through social service programs in the fields of education, disaster relief, rural development and health.

Crimson Dawn
A newsletter for Ananda Marga in New York Sector (Canada, USA, Mexico, Central America and the Caribbean).

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